



ICCGE 2019-2020

# Nom : YOU ARE

Chorégraphe : Chrystel DURAND (Fr - February 2019)  
Contact : \*email barail.ranch@orange.fr  
Comptes :48 Murs :4 Niveau : Intermediate  
Musique : You are - Aaron Goodvin (Oct. 2018)  
Album : V  
Danse soumise par : *Inter-Clubs Country du Grand Est*  
**Intro : 4 x 8 counts**

## **SECT-1 ROCK FORWARD, TRIPLE 1/2 TURN, STEP FORWARD, 1/2 TURN, KICK BALL STEP**

- 1-2 Rock right forward, recover on left  
3&4 1/2 turn right and chassé forward (R L R)  
5-6 Left step forward, 1/2 turn right (weight on right)  
7&8 Left Kick forward, left ball next to right, right step forward, - 12.00

## **SECT-2 ROCK FORWARD, TRIPLE 1/2 TURN, 1/4 TURN & STEP SIDE, HOLD, BEHIND SIDE CROSS**

- 1-2 Rock left forward, recover on right  
3&4 1/2 turn left and chassé forward (L R L)  
5-6 1/4 turn left and right step on right side, hold - 3.00  
7&8 Cross left behind right, right step on right side, cross left over right

**Restart 1/ wall 3 (3:00)**

## **SECT-3 SIDE ROCK, CROSS TRIPLE, 1/4 TURN, 1/4 TURN, CROSS TRIPLE**

- 1-2 Rock right on right side, recover on left  
3&4 Cross right over left, left step on left side, cross right over left  
5-6 1/4 turn right and left step back, 1/4 turn right and right step on right side – 9.00  
7&8 Cross left over right, right step on right side, cross left over right

## **SECT-4 STEP SIDE, 1/4 TURN AND SCUFF, TRIPLE FORWARD, ROCKING CHAIR**

- 1-2 Right step on right side, 1/4 turn left and left scuff forward - 6.00  
3&4 Chassé forward (L R L)  
5-8 Rock right forward, recover on left, rock right back, recover on left

**Restart 2/ wall 4 (9:00) 3/ wall 6 (9:00)**

## **SECT-5 ROCK STEP, COASTER STEP, HEEL & TOE SWITCHES, HEEL, HOOK, HEEL, TOGETHER**

- 1-2 Rock right forward, recover on left  
3&4 Right step back, left next to right, right step forward  
5&6& Left heel forward, left next to right, right toe back, right next to left  
7&8& Left heel forward, left hook cross over right, left heel forward, left next to right

## **SECT-6 ROCK FORWARD, TRIPLE BACK, TOUCH BACK, 1/2 TURN, STEP FORWARD, 1/2 TURN**

- 1-2 Rock right forward, recover on left  
3&4 Chassé backward (R L R)  
5-6 Touch left toe back, pivot 1/2 turn left (weight on left)  
7-8 Right step forward, 1/2 turn left (weight on left) - 6.00

### **RESTART :**

**restart 1: on wall 3, after 16 counts (behind side cross) face at 3.00**

**restart 2: on wall 4, after 32 counts (rocking chair) face at 9.00**

**restart 3: on wall 6, after 32 counts (rocking chair) face at 9.00**