



ICCGE 2023-2024

## Nom : **My Broken Heart**

Chorégraphe : Gary O'Reilly (IRE) July 2023

Contact : Info au bas de la page

Comptes : 64 Murs : 2 Niveau : Interm.

Musique : Broken Heart (feat. Brooke Lee) – Mikele Buck Band

Album : Broken Heart - Single (feat. Brooke Lee) - Single

Danse soumise par l'Inter-Clubs du Grand Est

### Intro : 16 count

#### Section 1: WALK, SWEEP, CROSSING SHUFFLE, $\frac{1}{4}$ , $\frac{1}{2}$ , STEP, PIVOT $\frac{1}{4}$ CROSS

- 1 2 Walk forward on L slightly across R (1), sweep R around from back to front (2)
- 3 & 4 Cross R over L (3), step L to L side (&), cross R over L (4)
- 5 6  $\frac{1}{4}$  R stepping back on L (5),  $\frac{1}{2}$  R stepping forward on R (6) (9:00)
- 7 & 8 Step forward on L (7), pivot  $\frac{1}{4}$  R (&), cross L over R (8) (12:00)

#### Section 2: SIDE, BEHIND, CHASSE R, CROSS ROCK, CHASSE $\frac{1}{4}$ L

- 1 2 Step R to R side (1), cross L behind R dipping slightly into knees (2)
- 3 & 4 Step R to R side (3), step L next to R (&), step R to R side (4)
- 5 6 Cross rock L over R (5), recover on R (6)
- 7 & 8 Step L to L side (7), step R next to L (&),  $\frac{1}{4}$  L stepping forward on L (8) (9:00)

#### Section 3: WALK, FWD ROCK, BACK, WALK, WALK, SHUFFLE FWD

- 1 Walk forward on R (1)
- 2 3 4 Rock forward on L rolling L hip forward anti clockwise (2), recover on R (3), step back on L raising R slightly (4)
- 5 6 Walk forward R (5), walk forward L (6)
- 7 & 8 Step forward on R (7), step L next to R (&), step forward on R (8)

#### Section 4: FWD ROCK, SHUFFLE $\frac{1}{2}$ L, CHASSE $\frac{1}{4}$ , CHASSE $\frac{1}{4}$

- 1 2 Rock forward on L (1), recover on R (2)
- 3 & 4  $\frac{1}{4}$  L stepping L to L side (3), step R next to L (&),  $\frac{1}{4}$  L stepping forward on L (4) (3:00)
- 5 & 6 Step R to R side (5), step L next to R (&),  $\frac{1}{4}$  L stepping back on R (6) (12:00)
- 7 & 8 Step L to L side (7), step R next to L (&),  $\frac{1}{4}$  L stepping forward on L (8) (9:00)

#### Section 5: SIDE, BEHIND SIDE CROSS, SIDE, BACK ROCK, $\frac{1}{4}$ , $\frac{1}{4}$

- 1 Step R to R side (1)
- 2 & 3 Cross L behind R (2), step R to R side (&), cross L over R (3)
- 4 Step R to R side (4)
- 5 6 Rock diagonally back on L behind R (5), recover on R (6)
- 7 8  $\frac{1}{4}$  R stepping back on L (7),  $\frac{1}{4}$  R stepping R to R side (8) (3:00)

#### Section 6: CROSS, SIDE ROCK & CROSS, SIDE, BACK ROCK, SIDE ROCK & CROSS

- 1 Cross L over R (1)
- 2 & 3 Rock R to R side (2), recover on L (&), cross R over L (3)
- 4 Step L to L side (4)
- 5 6 Rock diagonally back on R popping L knee (5), recover on L (6)
- 7 & 8 Rock R to R side (7), recover on L (&), cross R over L (8)

**Section 7: DIAGONAL ROCK, BEHIND SIDE CROSS, DIAGONAL ROCK, BEHIND ¼ FWD**

- 1 2 Rock forward on L towards L diagonal (1), recover on R (2)  
3 & 4 Cross L behind R (3), step R to R side (&), cross R over L (4)  
5 6 Rock forward on R towards R diagonal (5), recover on L (6)  
7 & 8 Cross R behind L (7), ¼ L stepping forward on L (&), step forward on R (8) (12:00)

**\*\*RESTART (WALL 4)**

**Section 8: FWD ROCK, COASTER STEP, STEP, PIVOT ½ L, SHUFFLE FWD**

- 1 2 Rock forward on L (1), recover on R (2)  
3 & 4 Step back on L (3), step R next to L (&), step forward on L (4)  
5 6 Step forward on R (5), pivot ½ L (6)  
7 & 8 Step forward on R (7), step L next to R (&), step forward on R (8) (6:00)

**\*TAG (WALL 2)**

**\*TAG (WALL 2) at the end of Wall 2 facing (12:00) add the following:**

STEP, PIVOT ½ L, SHUFFLE FWD, STEP, PIVOT ½ L, SHUFFLE FWD

- 1 2 Step forward on L (1), pivot ½ R (2)  
3 & 4 Step forward on L (3), step R next to L (&), step forward on L (4)  
5 6 Step forward on R (5), pivot ½ L (6)  
7 & 8 Step forward on R (7), step L next to R (&), step forward on R (8)

***Then restart from the beginning facing (12:00)***

**\*\*RESTART (WALL 4)**

Dance 56 counts of (Wall 4) & then restart from the beginning facing (6:00)

Ending: Dance up-to 30 counts of Wall 6: finish with a L side Chasse followed by a long step drag R to R side to finish facing (12:00).

**Contact:**

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