Nom : **Hold My Horses (en)**

Chorégraphe :   Adrian Lefebour (AUS) – Sept. 2025
Counts :   32   wall : 4   Level : High Beginner
Musique : Hold My Horses - Max Jackson
Album : Hold My Horses – Single (2024)
Danse soumise par l'**Inter-Clubs du Grand Est**

ICCGE 2025-2026

16 Count intro from the start of the song

S1:(1-8) Side Shuffle, Rock Back, Recover, Side Shuffle, Rock Back, Recover
1&2   R Side Shuffle – Step R to R, Step L to L side, Step R to R
3,4   Rock L back, Recover weight fwd on R
5&6   L Side Shuffle – Step L to L, Step R next to L, Step L to L
7,8   Rock R back, Recover weight fwd on L

S2:(9-16) Heel, Together, Heel, Together, Heel, Clap x2, Together – Repeat on Left
1&2&   Place R heel fwd, Step R next to L, Place L heel fwd, Step L next to R
3&4   Place R heel fwd, Clap hands twice at face height
&5&6   Place L heel fwd, Step L next to R, Place R heel fwd, Step R next to L
7&8&   Place L heel fwd, Clap hands twice at face height, Step L next to R

***<u>RESTART:</u>** During Walls 2, 5 & 8 – Dance to count 16& then restart dance.

S3 :(17-24) 1/2 Pivot Turn, 1/2 Pivot Turn, V Step
1,2   Step R fwd, 1/2 Pivot turn L (6.00)
3,4   Step R fwd, 1/2 Pivot turn L (12.00)
5,6   Step R fwd to R 45, Step L fwd to L 45
7,8   Step R back to centre, Step L back to centre (weight on L)

S4:(25-32) 1/4 Jazz Box, Jazz Box Cross
1,2   Step R across L, 1/4 Turn R step L back (3.00)
3,4   Step R to R side, Step L next to R (weight on L)
5,6   Step R across L, Step L back
7,8   Step R to R side, Step L across R

Start Again!

<u>**Ending:**</u> On wall 11, dance right to the end to finish at the 12 o'clock wall.